



Happy Holidays from Fleet Feet San Antonio!

December, 2007

In This Issue

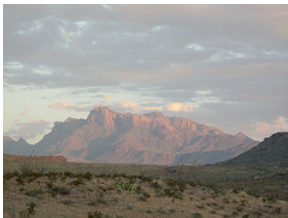
Featured Article

A Special Invitation

Buff® now at Fleet Feet

Sharkie Organic Energy

**Big Bend 50 nears;
sign up now!**



Test your mettle and feed your soul. Try to set a PR for the last 12 miles of the 25K, or the last 27 of the 50K with a 100' per mile drop in elevation per mile to the finish over good footing remote park roads or enjoy the spectacle of the Shrub desert. There won't be any

Dear Carroll,
Holidays Greetings!

Many say cool weather is their favorite time to run. It's definitely true for distance runners. Trail running is part of the season as well. Government Canyon is the place to get in some excellent training, both smooth surfaces and highly technical. You can traverse 3 miles to 20 miles without repeating the same path.

Put on your winter technical apparel, hydrate the same as you would in summer and enjoy the miles in comfort.

Remember the key to feeling good about holidays is portion size at the dinner table. If you lose control, then put in an extra mile!

***Join us for holiday treats and
savings***

Thursday, December 6th

**FLEET
FEET**
Sports

Once again this year, Fleet Feet Sports and the Tackle Box Outfitters will host their customers to a wine and cheese celebration of the holiday season.

Come by so we can raise a glass to toast our friendships and good memories.

The party will start at 4:00 PM

and last until 6:00 PM at Tackle Box Outfitters

and 7:00 PM at Fleet Feet Sports.

Check the bottom of this newsletter for special

sound except what you make, and the residents of BBNP. Kick off the New Year with one of two running events held in the NPS. The race is limited to 200 runners, and an excellent camping event with Hot Springs to make it better. River Road section is primitive, and beautiful. 50K starts at 7:30am, 25K start time is 8:30 Jan 20, 2008. Shuttle Vans will leave SA at 8:00am Sat Jan 19, and return Mon Jan 21 MLK birthday at 8am for return trip to SA. Ride the Shuttle for \$40.

www.bigbend50.com or call 210 805-0845 for more info. Proceeds go the The Friends of Big Bend Nat'l Park.

www.bigbendfriends.org

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Exclusive Newsletter Special!

bargains available at Fleet Feet Sports.



Serving Sportsmen for over 50 years.

Buff® ***NEW TO FLEET FEET***



Buff® is the brand of an innovative, useful, comfortable, fun, multi-functional garment that will keep off the sun, wind or cold.. The brand's success consists of having created a product that didn't exist before 1992, which meets a significant need among sportspeople and outdoor activity practitioners who are seeking functionality, quality and design.

Our best known piece is the original, multi-functional, seamless, tubular headgear that, because of its high quality, means you can perform any activity in total freedom and comfort.

Original because it was and continues to be the first worldwide brand to create the first seamless, multi-purpose, tubular headgear.

Functional because it can be worn in loads of different ways: as a scarf, cap, headscarf, facemask, balaclava, headband, wristband... and as many other ways as you can think up. A versatile article that can be worn more than twelve different ways, used to practice any sport including cycling, skiing, playing tennis, running, going by motorbike, even as a daily clothing accessory.



Seamless, which gives it elasticity, allowing you to adapt it to many uses while avoiding rubbing or skin irritation.

[Click here for the video!](#)

Don't know what to get the runner in your life?

It's impossible to buy proper shoes for someone. Send that runner to us with a gift card in hand for our specialized gait analysis and personalized fitting. Plus, when you purchase the gift card, you get Fleet Feet Rewards and give yourself a little gift. Drop by the store anytime and pick up Fleet Feet gift cards. PS Our gift cards are not just for holidays, they are great for birthdays, anniversaries and any special event.





ENJOY
5 DAYS
GUEST ACCESS
COMPLIMENTS OF
FLEET FEET
Sports

Activate this pass by
January 31, 2008



Concord **Athletic Club**
& Spa

Contact
Joanna Hererra
at
210.828.8880
or
jhererra@wellbridge.com
to get started today.

Restrictions may apply.
Must be local resident,
age 18 and over with
a valid photo ID.
First time guests only.
One pass per person.
Offer ends
January 31, 2008.
© 2008 Wellbridge

[Email for details](#)

Join Our Mailing List!

Pure taste! Pure organic! Pure energy!



I truly hope you runners can join us next month for the fourth Big Bend 50 Ultra Run. If you have never been to Big Bend National Park you owe it to yourself to go. Volunteers have been working for months to make certain we have another successful event. I want to take this opportunity to thank all the volunteers and sponsors who have given so much to the race. Try to stay on the right side of fitness during the holiday season. It's hard to keep up a routine, but it's well worth it. Remember, the most important exercise during the holiday season is pushing back from the table. We here at Fleet Feet Sports hope all of you have a Merry Christmas, Happy Chanukah, Heri za Kwanzaa, Happy Boxing Day or whatever you may celebrate. Happy New Year to you all!

Sincerely,

Carroll Voss
Fleet Feet Sports

**Save
25%
off
Apparel**
(footwear excluded)

**Enjoy our Holiday Reception
and save!**

Thursday, December 6th, come to the party, bring this coupon with you and enjoy 25% off all apparel (footwear excluded) at Fleet Feet Sports.

All purchases go into the Fleet Feet Rewards program, giving you even more savings!

Offer good only December 6, 2007 from 4:00 PM - 7:00 PM

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