From: Carroll Voss <pcarroll@fleetfeetsanantonio.com> Subject: Fleet Feet Rock 'n' Roll Marathon Update Date: 26 March 2008 22:44:36 CDT To: mac@dunkelberg.com **Reply-To:** pcarroll@fleetfeetsanantonio.com



Come in, check out the course and register for the marathon or half marathon at a

discount!



color!





Rock San Antonio!

The Rock 'n' Roll Marathon series is coming to San Antonio on November 16.

Featuring live bands at every mile, spirited cheerleaders, and a free post race headliner concert,

Rock 'n' Roll San Antonio Marathon or 1/2 Marathon is perfect for every runner at every level.

Start training today don't miss the fun on November 16.

> Click for Race Information



Volunteer

Not a runner or walker? You can still be a part of the event!!

Volunteers Receive

* A Race Crew T-Shirt * Race Goodie Bag * Satisfaction of Helping Others

CLICK HERE FOR MORE INFORMATON

We hope you take the opportunity to train in our marathon training program, now in it's 12th season.

Our marathon and half-marathon training program begins June 1st. You can sign up now at the store. If you have any questions, please contract Gabby at the store or <u>click here</u> to email. We're offering new features to get everyone to the finish line for the rewards and exhilaration of running the 26.2, or 13.1 miles in grand style with entertainment and activities to boost your spirits.

Alamo Series run up to RnR

Get ready for R'n'R with Alamo Series.

You have your choice of one, two or all of nine races planned to lead up to the Rock 'n' Roll Marathon in November.

More information will be available soon on the Alamo Series website. click here.



Join Fleet Feet Fleet Feet Sports SA is looking for a friendly, outgoing employee who enjoys an active lifestyle.

Some of the characteristics we are looking for are: friendly, positive, technical, can do problem solving, customer service oriented attitude and a willingness to be trained in our branded Fitlosophy method of fitting footwear.

Part-time or full-time positions are available with good pay and employee benefits, as well paid entries to local and regional races. Weekends, weekdays, and training group duties are all required. If you're interested please email <u>pcarroll@fleetfeetsanantonio.com</u>. Please include your resume with a short description of why you think you would like to work at FFSA. Please include any customer service



Fitness Friends

Fleet Feet Sports San Antonio works with and recommends the following fitness pros -

Jill Sulak LMT, A.R.T. certified 210 602-8454 www.tissueissue.com

Amanda McIntosh VO2 max testing/Endurance coach 210 573-3997 coachamanda@earthlink.net Ples Kujawa M.D. Orthopaedics/Sports Medicine 210 477-5152 Joe Merlin Pain & Stress Mgt. 210 736-6184 Tony Barrientez Reflexology 210 573-5895

experience you have, and the hours that you're available.

Come by and start getting ready for the Rock 'n' Roll Marathon. Begin with a look at the course, using the oversize map at Fleet Feet San Antonio beginning March 26th.

Remember, you can register at a discount if you sign up by March 31st. Get ready for the Rock 'n' Roll with nine-race Alamo Series of preparatory runs. Finally, we are here for all your running needs, including training and tips on how to get started.

See you on the run!

Sincerely,

Carroll Voss Fleet Feet Sports 210 805-0845

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